



Attention: **Union County Families**

*join our next Mental Health Series...*

## Your Child's Anxiety

Course Created by:

Jenna Riemersma, LPC, EMDR, CSAT, CMAT, IFS

Learn simple strategies that will help parents respond to their child's anxiety. When applied, these skills will help the child and parent bond, allowing the child to identify and work through their anxiety more effectively.



**September 6, 2023**

**6:30–7:30 PM  
via Zoom**



Register Here

<http://cookcenter.info/Sep6MHRB>



mental health &  
recovery board  
UNION COUNTY

