



Attention: **Union County Families**
join our next Mental Health Series...

What Parents Need to Know About Suicide Prevention

Dr. Greg Hudnall offers experience and expert advice around how parents can help to prevent suicide

Course Created by:
Dr. Greg Hudnall, Founder of Hope Squad

This session covers the following:

- The Basic Principles of Mental Health
- Why does suicide occur?
- The Warning Signs of Suicide
- What Not to Say and Do
- What You Need to Say and Do
- Where can you go for help?



January 17, 2024
6:30–7:30 PM
via Zoom



mental health &
recovery board
UNION COUNTY

Register Here

<http://cookcenter.info/Jan17MHRB>

