

"The training was very comprehensive. The activities really helped us engage in the material."



good service."

"This is the best training I have attended in many years."



100% of training participants would recommend this training to others.

100% of training participants said the training enhanced their knowledge and skills as a parent peer support provider.

## FAMILY PEER SUPPORT TRAINING

Family Peer Support is a caregiver to caregiver approach to supporting families caring for children, youth and young adults with mental health or substance use challenges.

Family peer support is provided by a parent or caregiver with lived experience who is trained to assist other families by providing support, identifying resources, and facilitating access to services for the child and family.

## WHY CHOOSE THE PARENT PEER SUPPORT PRACTICE MODEL TRAINING?

- ✓ Nationally recognized training in competency areas identified by the National Family Peer Specialist certification exam
- ✔ Approved training curriculum for Ohio Certified Family Peer Support Certification
- ✓ Facilitated in person, virtually or hybrid
- ✓ Opportunities to practice core skills throughout the training
- ✓ Ongoing skill building and connection through the CFPS Community of Practice
- ✓ Training and support for your supervisor!
- ✔ Provided at no cost for a limited time!

## A CERTIFIED FAMILY PEER SUPPORTER:

- ✓ Connects with & supports families
- ✓ Partners with families to help them advocate for services for their child
- ✓ Educates families to develop skills to support their child
- ✓ Engages with diverse professionals as a part of the families care team
- ✓ Uses a strengths-based approach to help families navigate services

## AS A CERTIFIED FAMILY PEER SUPPORTER. YOU CAN:

- ✓ Help struggling families feel less alone
- ✓ Enhance family and provider collaboration
- ✓ Support family confidence and self-efficacy
- ✓ Empower families to actively partner in their child's care
- ✓ Encourage caregiver self-care and family resiliency

IN PARTNERSHIP WITH

PROVIDED BY





To sign up for a training, visit mhrbuc.org/trainings or to host a training, contact Wren Hawkins wren@mhrbuc.org

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