

MRSS

MOBILE RESPONSE & STABILIZATION SERVICES

WHAT IS MRSS? The Mobile Response & Stabilization Service (MRSS) Team provides assistance to families and youth up to age 21 who are experiencing difficulties or distress and need immediate assistance (within 60 minutes). The MRSS Team includes a Parent Peer Support Provider (a parent who has experienced similar challenges) and a Licensed Therapist who can respond to any distressing situation where the family feels they need help. Situations could include emotional or escalated behaviors, mental health challenges, substance use concerns, grief and loss, trauma, suicidal thoughts, transitions, truancy, parent/child conflict, and more.

WHO CAN CALL? Anyone! This includes youth, family, neighbor, friend, probation officer, school personnel, and more.

WHAT TO EXPECT... The Mosaic Line staff will connect you with the MRSS team via a 3-way call. The MRSS staff member will work with you to determine if an immediate or scheduled response is necessary and where to respond to best meet the needs of your family. When the MRSS staff members arrive, they will immediately assess, work to diffuse the crisis, and will stay with your family until the crisis has resolved. The team will help your family to create an individualized plan, can stay connected with you to support your family for up to 4 weeks, and will connect you to the most appropriate services in the community.

HOW DO I KNOW IF MY SITUATION IS A CRISIS? You, the family, determine when you are experiencing a situation or circumstance in which you need help! Youth and families experience many stressors. When families feel overwhelmed and aren't sure what to do, it is a good time to call the Mosaic Line to access the MRSS team.

HOW DO I KNOW IF I SHOULD CALL 9-1-1 OR THE MOSAIC LINE? Safety is the most

important factor! If the situation involves a medical emergency or someone is in immediate danger, please call 911 so that help can come immediately. If the situation is difficult, but everyone can be kept safe for 60 minutes until the MRSS team arrives, MRSS could be a great resource for your family.





Mobile Response and Stabilization Services are FREE for ANY Union County youth and family regardless of income or situation. Funded by the Mental Health & Recovery Board of Union County and provided in partnership with Maryhaven.

REQUEST MRSS SERVICES

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